

# Sport



## Sample Timetable\*

| Sunday                                  | Monday            | Tuesday                             | Wednesday         | Thursday           | Friday                          | Saturday            |                   |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |
|---|-------------------|-------------------------------------|-------------------|--------------------|---------------------------------|---------------------|-------------------|---------------|-----------------------|---------------------------------|-------------------|---------------------------------|-----------------|-------------|----------|----------------|-----------------|--------------|---------------------------------|-----------------------|---------------------------------|-----------------|---------------|
| Breakfast & Free Time                   |                   |                                     |                   |                    |                                 |                     |                   |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |
| Departures & Rest / Recuperation        | Badminton         | Athletics                           | Basketball        | Themed XUK morning | Tennis                          | Football            |                   |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |
|   | Rugby             | Water Polo                          | Archery Attack    |                    | Cricket                         | Tournaments         |                   |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |
| Lunch & Free Time                       |                   |                                     |                   |                    |                                 |                     |                   |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |
| Rest / Recuperation & Choice Activities | Afternoon Choices |                                     | Afternoon Choices |                    | Afternoon Choices               |                     | Afternoon Choices |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |
|   | Football          | Tie Dye T-shirts                    | Musical Theatre   | Debating           | Optional Extra: English Lessons | Basketball          | Pizza             | Just Dance    | Fitness               | Optional Extra: English Lessons | Trip to Salisbury | Rest & Recouperate              | Water Polo      | Debating    | Rounders | Animal Collage | Comedy Workshop | Gaga         | Optional Extra: English Lessons | Lacrosse              | Sushi                           | Bollywood Dance | Logic Puzzles |
| Arrivals & Choice Activities            | Tennis            | Red Velvet Cupcakes                 | Zumba             | XUK Newspaper      |                                 | Volleyball          | Dream Catchers    | Improvisation | Mindfulness Colouring |                                 |                   | Optional Extra: English Lessons | Improv workshop | Board Games | Football | Hockey         | Brownies        | Street Dance |                                 | Landscape Photography | Optional Extra: English Lessons | Dorm Time       |               |
| Dinner & Free Time                      |                   |                                     |                   |                    |                                 |                     |                   |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |
| Welcome & Initiative Games              | Lip Sync Battle   | "I'm a Camper, get me out of here!" | Summer Fete       | Quiz Night         | Dragons Den                     | Talent Show & Disco |                   |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |
| Bed Time                                |                   |                                     |                   |                    |                                 |                     |                   |               |                       |                                 |                   |                                 |                 |             |          |                |                 |              |                                 |                       |                                 |                 |               |

\*Activities on offer vary weekly. This timetable gives an idea of activities that may be on offer during your child's stay.