



XUK RESIDENTIAL CAMP 2026

RULES & EXPECTATIONS

Campers must follow the rules, guidance and expectations as set by XUK.

Campers can automatically be sent home:

- If the rules in **bold & underlined** are broken **once** or
- Other rules are **continually** broken.

Directors' decisions are final. Parents / carers will be liable for all expenses (eg: travel) in the event of a child being sent home due to rules being broken.

- **No cigarettes, e-cigarettes, alcohol or drugs***.
- **No abuse of legal substances / objects.**
- **No bullying**, such as: physical abuse, name calling, harassment, excluding other campers and racist or offensive comments. This includes **cyber bullying**.
- **No violent behaviour**, such as: hitting, punching, kicking and spitting.
- Respect other peoples cultural and religious differences and opinions
- **No sexual activity**
- **No taking and/or distributing inappropriate images.**
- No swearing in any language.
- **No damaging, vandalising or misusing** any property.
- No rude, disrespectful or disruptive behaviour.
- No mobile phones or electronic devices during activities, lessons, meetings and mealtimes.
- **No playfighting** of any kind
- Campers must adhere to the [Phone and Electronic Device Policy](#) at all times.
- **Campers must not maliciously trigger fire alarms.**
- **Campers must not leave their house between 22:00 & 08:30** without a member of staff being present or having express permission from them.
- **Campers must not prop open fire doors.**
- **Campers given medi bands must not take them off at any time.**
- **Campers may not leave the camp premises by themselves.**

**Drugs include banned substances and authorised medication that must be kept in the Health Centre.*

Safety

- Do not run inside.
- Boys must not go into girls rooms.
- Girls must not go into boys rooms.
- Campers are not allowed to enter 'Out of Bounds' areas on camp nor enter the woods unsupervised.
- Nut products are discouraged.
- Campers must not talk to strangers on or off site.
- Campers must dress appropriately for all activities.
- Campers must follow evacuation procedures (such as in a fire).

Hygiene

- Children cannot attend with a temperature or if they're feeling unwell.
- All relevant health needs must be declared on the Health Form beforehand.
- All medication must be declared in advance and handed in to the health centre on arrival.
- Any campers requiring medication are responsible for going to the health centre at the correct time.
- On arrival, children must be free of nits and fingernails must not be sharp.
- Campers must be able to look after their own personal hygiene (e.g. independent showering, toilet use and teeth brushing).
- Campers will be isolated from camp for 48 hours if they vomit or have diarrhoea. This clock always starts again with the most recent episode.
- Keep toilets, baths, basins and showers clean and tidy.
- Rooms must be clean and tidy with a clear floor.
- All litter must be placed into a bin.
- No chewing gum.

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